



# THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

## PART 1: ADDRESSING MOTIVATION AND THE PROCESS OF CHANGE IN GROUP TREATMENT

with Dr. Carlo DiClemente, Ph.D., ABPP

1 HOUR WEBINAR

**PRESENTATION:** In this webinar Dr. DiClemente meticulously dissects the process of change, its critical elements, its application in the recovery process and how it is used in various treatment models. He distinguishes treatment plans from change plans and educates us about why understanding stages helps us build a plan that is more likely to succeed in helping patients maintain recovery. As a result of watching this 1-hour webinar participants will be able to:

- List the active mechanisms related to the individual Process of Change
- Explain why all interventions require behavior change
- Describe the Process of Change

**ABOUT THE PRESENTER:** Dr. Carlo DiClemente is an emeritus professor of psychology at the University of Maryland Baltimore County and director of several training centers at UMBC. He is co-developer of the Transtheoretical Model of behavior change, and author of numerous scientific publications on motivation and behavior change with a variety of health and addictive behaviors. He published several articles and chapters on brief interventions and in 2018 the second edition *Addiction and Change: How Addictions Develop and Addicted People Recover*. He has also co-authored several professional books, *The Transtheoretical Model*, *Substance Abuse Treatment and the Stages of Change* (second edition), and *Group Treatment for Substance Abuse: A Stages of Change Therapy Manual* (Second Edition) and a self-help book, *Changing for Good*.

**Fee:** NHADACA Members: Free; Non-Members: \$15; 1 NBCC hour included  
For registration information contact: 603-225-7060, [training@nhadaca.org](mailto:training@nhadaca.org)

### 1 Contact Hour Available

**Certified Prevention Specialist Domain(s):** 6

**LADC/MLADC Categories of Competence:** 3, 6, 7, 17, 18

**CRSW Performance Domain(s):** 3 & 4

**NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A**

(The New Hampshire Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand